



# AURA SPA

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Aura Spa offers a wide range of treatments, carried out by therapists who are experts in their field. Our therapists provide an enticing selection of treatments and spa day experiences, offering you the perfect opportunity to relax, rebalance and reset.

# ELEMIS Biotec Advanced Facials

Discover the power of professional high potency ACTIVES, ELEMIS' unique Skin Lift TOUCH and the science of 5 in 1 advanced bio-electric TECHNOLOGIES in these truly outstanding facials as they work in perfect synergy to deliver outstanding and visible skin results.

Biotec Firm-a-Lift Facial	60 mins	£75
Upgrade to include key area boost and massage	90 mins	£90
Biotec Line Eraser Facial	60 mins	£75
Upgrade to include key area boost and massage	90 mins	£90
Biotec Skin Resurfacer Facial	60 mins	£70
Biotec Radiance Renew Facial	60 mins	£70
Biotec Problem Solvers	60 mins	£70

# ELEMIS Touch Therapy Facials

Our hands-on facial treatments use touch as a powerful diagnostic tool and combine ancient and modern massage techniques from around the world to enable the highly acclaimed actives within the Elemis skin care to be delivered by expert hands.

ProCollagen Age Defy Facial	60 mins	£65
Pro-Definition Lift and Contour Facial	60 mins	£65
Superfood Pro-Radiance Facial	60 mins	£55
Peptide 24/7 Skin Sync	60 mins	£55
Skin Energiser	30 mins	£35

# ELEMIS Pure Massage

Our massages combine oil blends rich in actives and transportive aromatics with an unparalleled level of expertise in massage and body conditioning. For healthy, revitalised skin and deeply eased muscles.

Traditional Full Body Massage	60 mins £60 / 90 mins £85
English Rose Restorative Massage	60 mins £70 / 90 mins £90
Freestyle Deep Tissue Massage	60 mins £65 / 30 mins £45
Hot Stone Massage	60 mins £65 / 30 mins £45
Traditional Back, Face & Scalp Massage	45 mins £50
Simply Back & Neck Massage	30 mins £35
Nurturing Pregnancy Massage	60 mins £65
Soothing Foot & Leg Massage	30 mins £35
*Add a boosting body brush or body scrub treatment prior to your massage	15 mins £20

## Nails

There is no substitute for the beauty of carefully cultivated, natural nails.

Jessica Manicure 45 mins £35

Jessica Luxury Thermal Manicure 60 mins £40

Jessica Pedicure 60 mins £40

Jessica Luxury Thermal Pedicure 75 mins £45

File & Paint 30 mins £25

Add a GELeration Polish upgrade to your nail treatment 15 mins £10

\*GELeration Removal 30 mins £15\*\*

\*\* (Not charged if having follow on nail treatment)

## Waxing

We use a combination of warm strip wax and lycon for specialist and intimate waxing.

Full Leg 45 mins £30

Half Leg or Arm 30 mins £20

Standard Bikini 15 mins £15

High Bikini 30 mins £20

Advanced Lycon Bikini 45 mins £40

Chest or Back 30 mins £25

Underarm 15 mins £15

Lip & Chin 15 mins £15

Lip or Chin Only 15 mins £12

## Tinting & Tanning\*

Eyelash Tint 30 mins £20

Brow Tint 15 mins £12

Eyelash & Brow Tint 30 mins £26

Eyebrow Shape 15 mins £15

Lash Lift 60 mins £50

Tanning 30 mins £30

\*A patch test is required for tinting and waxing 24 hours prior to any treatment

# Spa Day Experiences

Our range of expertly curated spa day experiences are designed to deliver focussed results, relaxation and restoration. Each package is designed so you can flex options and personalise the experience to your specific needs.

## Revive Package £85

Choose from one of the following  
30 minute treatments:

- Booster Facial
- Warm Oil Back Massage

Followed by a light lunch and glass  
of Prosecco or soft drink

## Rebalance Package £120

Your choice of two of the following  
30 minute treatments:

- Booster Facial
- Warm Oil Back Massage
- Invigorating Salt Scrub
- Express Manicure
- Express Pedicure

Followed by a light lunch and glass  
of Prosecco or soft drink

## Relax Package £145

Your choice of one of the following  
60 minute treatments:

- Elemis Touch Facials
- Full Body Massage

And one of the following  
30 minute treatments:

- Express Manicure
- Express Pedicure

Followed by a light lunch and glass  
of Prosecco or soft drink, with a  
little goody bag to take away

*All our Spa Day Experiences include access to the club facilities for the day of your package and a robe, towels and slippers. Terms & Conditions apply.  
Please speak to the Aura Spa Team if you'd like to create your own individual or group spa experience.*

## Add A Glass Of Prosecco

Add a glass of Prosecco to any treatment or package for £7 per glass.

## Treatment Courses - Get One Treatment FREE

We offer courses for all treatments. Purchase five of any single treatment type and receive a sixth free. Treatments must all be the same and payment for the course must be paid in full ahead of the first treatment.

## Gift Vouchers

Gift vouchers can be purchased online or at the Spa and can be purchased for a value or a specific treatment. Vouchers are valid for 6 months and are non-refundable

## Member Promotions

We offer exclusive member monthly promotions and exclusive spa and wellness events. See in club and your club newsletter for more details.

## Workplace Wellness

We're able to offer corporate and bulk buy options on treatment and gifting incentives for staff recognition and reward. Whether as part of an ongoing workplace wellness initiative or special occasions.

## Booking Information

- Appointments can be made by phone or in person.
- All treatment times highlighted are a subject to change, for the latest opening times see in club or on the Club Company website.
- All our treatments, with the exception of our pregnancy treatment are unisex
- Treatment times indicated include a consultation and time to enable you to prepare for and complete your treatment.
- The relaxing environment in Aura Spa is created with your wellbeing in mind, therefore we ask you to abide with club rules and switch your mobile phone off before entering the Spa.
- It is with regret that we cannot accommodate babies and children in the treatment areas of Aura Spa. Think of your Spa as your personal beauty space, a tranquil place for a little me-time.
- The minimum age for treatments is 16, however children aged 16-18 must be accompanied by an adult.
- Intimate waxing is available to over 18's only.
- Some treatments are not recommended for pregnant women. We advise that you wait until you've completed the first 12 weeks of your pregnancy and always seek the advice of your doctor.
- Please arrive at Aura Spa reception at least 10 minutes prior to your appointment. This will give you time to complete or update your records with us, unwind and get more out of the early stages of your treatment.
- Spa Day bookings require full payment on booking
- You are required to inform the therapist prior to your treatment commencing if you suffer from any medical conditions, allergies, or are on any medication.
- Please note, if you haven't had tinting in Aura before, it is essential you have a patch test at least 24 hours before your treatment.
- Please note if you choose to wear the flip flops provided by Aura you will do so at your own risk, as they are not recommended as footwear.
- **We require 24 hours notice to cancel or change an appointment otherwise a 50% cancellation fee will apply. If you fail to turn up without prior notice, full payment will be required.**

Our treatments are available

Monday to Thursday 9am - 8pm

Friday & Saturday 9am - 6pm

Sunday 9am - 5pm

Late night appointments available

We also welcome non members to Aura Spa.



Nizels Golf & Country Club  
Nizels Lane, Hildenborough, Kent TN11 8NU

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Club Reception: 01732 833 833

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[www.nizelsgolfandcountryclub.com/aura-spa](http://www.nizelsgolfandcountryclub.com/aura-spa)