



A summer for Children!

AT BENTON HALL - CALL 01376 502 454

MONDAY 22ND JULY - SUNDAY 1ST SEPTEMBER 2019

5 DAY SWIMMING CRASH COURSE

MONDAY 5TH AUGUST TO FRIDAY 9TH AUGUST

30 MINUTE SESSIONS - 3.00PM-5.00PM

MEMBER £46.25, NON-MEMBER £56.25

PLEASE CONTACT RECEPTION FOR BOOKING INFORMATION

JULY

MONDAY 22ND JULY

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÈCHE - BEACH WEEK	4WKS-8YRS	9.00AM-2.00PM	£3.50	£6.50
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
WATER PLAY	2-8YRS	2.00PM-2.30PM	FREE	£2.00
ZUMBATOMIC	4-11YRS	4.00PM-4.55PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS
FITX CIRCUITS	7-11YRS	5.00PM-5.45PM	FREE	GUEST PASS

TUESDAY 23RD JULY

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÈCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
ACTIVE8US DAY CAMP	4-14YRS	9.00AM-2.30PM	£12.50	£15.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	2.00PM-3.00PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS
ZUMBATOMIC	4-11YRS	4.30PM-5.15PM	FREE	GUEST PASS

WEDNESDAY 24TH JULY

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÈCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
FOOTBALL CAMP	6YRS+	9.45AM-3.15PM	£10.00	£20.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SING A SONG - DISNEY THEME	5-11YRS	2.00PM-2.30PM	FREE	£2.00
CHEERLEADING	3-8YRS	3.45PM-4.45PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS
DODGEBALL	8YRS+	4.45PM-5.15PM	FREE	GUEST PASS

THURSDAY 25TH JULY

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÈCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
ACTIVE8US DAY CAMP	4-14YRS	9.00AM-2.30PM	£12.50	£15.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	2.00PM-3.00PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS

FRIDAY 26TH JULY

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÈCHE	4WKS-8YRS	9.00AM-2.00PM	£3.50	£6.50
FOOTBALL CAMP	6YRS+	9.45AM-3.15PM	£10.00	£20.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
CREATE A CRAFT	3YRS+	2.00PM-2.30PM	FREE	£2.00
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS

SATURDAY 27TH JULY

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÈCHE	4WKS-8YRS	9.00AM-1.30PM	£3.50	£6.50
ACTIVITY CAMP	4-14YRS	9.00AM-11.00AM	FREE	GUEST PASS
FAMILY SWIM	ALL	11.00AM-5.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	11.15AM-12.15PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
#GYM	11-15YRS	3.00PM-5.00PM	FREE	GUEST PASS

SUNDAY 28TH JULY

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÈCHE	4WKS-8YRS	9.00AM-1.30PM	£3.50	£6.50
FAMILY SWIM	ALL	11.00AM-5.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	3.00PM-4.00PM	FREE	GUEST PASS
#GYM	11-15YRS	3.00PM-5.00PM	FREE	GUEST PASS

MONDAY 29TH JULY

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÈCHE - FRUIT WEEK	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
WATER PLAY	2-8YRS	2.00PM-2.30PM	FREE	£2.00
ZUMBATOMIC	4-11YRS	4.00PM-4.55PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS
FITX CIRCUITS	7-11YRS	5.00PM-5.45PM	FREE	GUEST PASS

TUESDAY 30TH JULY

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÈCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
ACTIVE8US DAY CAMP	4-14YRS	9.00AM-2.30PM	£12.50	£15.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	2.00PM-3.00PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS
ZUMBATOMIC	4-11YRS	4.30PM-5.15PM	FREE	GUEST PASS

WEDNESDAY 31ST JULY

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÈCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
FOOTBALL CAMP	6YRS+	9.45AM-3.15PM	£10.00	£20.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SING A SONG - MOVIE THEME	5-11YRS	2.00PM-2.30PM	FREE	GUEST PASS
CHEERLEADING	3-8YRS	3.45PM-4.45PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS
DODGEBALL	8YRS+	4.45PM-5.15PM	FREE	GUEST PASS

AUGUST

THURSDAY 1ST AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
ACTIVEBUS DAY CAMP	4-14YRS	9.00AM-2.30PM	£12.50	£15.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	2.00PM-3.00PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS

FRIDAY 2ND AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
FOOTBALL CAMP	6YRS+	9.45AM-3.15PM	£10.00	£20.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
CREATE A CRAFT	3YRS+	2.00PM-2.30PM	FREE	£2.00
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS

SATURDAY 3RD AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-1.30PM	£3.50	£6.50
ACTIVITY CAMP	4-14YRS	9.00AM-11.00AM	FREE	GUEST PASS
FAMILY SWIM	ALL	11.00AM-5.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	11.15AM-12.15PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
#GYM	11-15YRS	3.00PM-5.00PM	FREE	GUEST PASS

SUNDAY 4TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-1.30PM	£3.50	£6.50
KARATE	6YRS+	9.00AM-10.00AM	FREE	GUEST PASS
FAMILY SWIM	ALL	11.00AM-5.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	3.00PM-4.00PM	FREE	GUEST PASS
#GYM	11-15YRS	3.00PM-5.00PM	FREE	GUEST PASS

MONDAY 5TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE - JUNGLE WEEK	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
WATER PLAY	2-8YRS	2.00PM-2.30PM	FREE	£2.00
ZUMBATOMIC	4-11YRS	4.00PM-4.55PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS
FITX CIRCUITS	7-11YRS	5.00PM-5.45PM	FREE	GUEST PASS

TUESDAY 6TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
ACTIVEBUS DAY CAMP	4-14YRS	9.00AM-2.30PM	£12.50	£15.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	2.00PM-3.00PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS
ZUMBATOMIC	4-11YRS	4.30PM-5.15PM	FREE	GUEST PASS

WEDNESDAY 7TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
FOOTBALL CAMP	6YRS+	9.45AM-3.15PM	£10.00	£20.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SING A SONG - MUSICAL THEME	5-11YRS	2.00PM-2.30PM	FREE	£2.00
CHEERLEADING	3-8YRS	3.45PM-4.45PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS
DODGEBALL	8YRS+	4.45PM-5.15PM	FREE	GUEST PASS

THURSDAY 8TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
ACTIVEBUS DAY CAMP	4-14YRS	9.00AM-2.30PM	£12.50	£15.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	2.00PM-3.00PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS

FRIDAY 9TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
FOOTBALL CAMP	6YRS+	9.45AM-3.15PM	£10.00	£20.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
CREATE A CRAFT	3YRS+	2.00PM-2.30PM	FREE	£2.00
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS

SATURDAY 10TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-1.30PM	£3.50	£6.50
ACTIVITY CAMP	4-14YRS	9.00AM-11.00AM	FREE	GUEST PASS
FAMILY SWIM	ALL	11.00AM-5.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	11.15AM-12.15PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
#GYM	11-15YRS	3.00PM-5.00PM	FREE	GUEST PASS

SUNDAY 11TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-1.30PM	£3.50	£6.50
FAMILY SWIM	ALL	11.00AM-5.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	3.00PM-4.00PM	FREE	GUEST PASS
#GYM	11-15YRS	3.00PM-5.00PM	FREE	GUEST PASS

MONDAY 12TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE - NATURE WEEK	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
WATER PLAY	2-8YRS	2.00PM-2.30PM	FREE	£2.00
ZUMBATOMIC	4-11YRS	4.00PM-4.55PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS
FITX CIRCUITS	7-11YRS	5.00PM-5.45PM	FREE	GUEST PASS

TUESDAY 13TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
ACTIVEBUS DAY CAMP	4-14YRS	9.00AM-2.30PM	£12.50	£15.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	2.00PM-3.00PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS
ZUMBATOMIC	4-11YRS	4.30PM-5.15PM	FREE	GUEST PASS

WEDNESDAY 14TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
FOOTBALL CAMP	6YRS+	9.45AM-3.15PM	£10.00	£20.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SING A SONG - DISNEY THEME	5-11YRS	2.00PM-2.30PM	FREE	£2.00
CHEERLEADING	3-8YRS	3.45PM-4.45PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS
DODGEBALL	8YRS+	4.45PM-5.15PM	FREE	GUEST PASS

THURSDAY 15TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
ACTIVE8US DAY CAMP	4-14YRS	9.00AM-2.30PM	£12.50	£15.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	2.00PM-3.00PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS

FRIDAY 16TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
FOOTBALL CAMP	6YRS+	9.45AM-3.15PM	£10.00	£20.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
CREATE A CRAFT	3YRS+	2.00PM-2.30PM	FREE	£2.00
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS

SATURDAY 17TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-1.30PM	£3.50	£6.50
ACTIVITY CAMP	4-14YRS	9.00AM-11.00AM	FREE	GUEST PASS
FAMILY SWIM	ALL	11.00AM-5.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	11.15AM-12.15PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
#GYM	11-15YRS	3.00PM-5.00PM	FREE	GUEST PASS

SUNDAY 18TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-1.30PM	£3.50	£6.50
KARATE	6YRS+	9.00AM-10.00AM	FREE	GUEST PASS
FAMILY SWIM	ALL	11.00AM-5.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	3.00PM-4.00PM	FREE	GUEST PASS
#GYM	11-15YRS	3.00PM-5.00PM	FREE	GUEST PASS

MONDAY 19TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE - WATER & GAMES WEEK	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
WATER PLAY	2-8YRS	2.00PM-2.30PM	FREE	£2.00
ZUMBATOMIC	4-11YRS	4.00PM-4.55PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS
FITX CIRCUITS	7-11YRS	5.00PM-5.45PM	FREE	GUEST PASS

TUESDAY 20TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
ACTIVE8US DAY CAMP	4-14YRS	9.00AM-2.30PM	£12.50	£15.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	2.00PM-3.00PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS
ZUMBATOMIC	4-11YRS	4.30PM-5.15PM	FREE	GUEST PASS

WEDNESDAY 21ST AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
FOOTBALL CAMP	6YRS+	9.45AM-3.15PM	£10.00	£20.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SING A SONG - SHOWCASE	5-11YRS	2.00PM-2.30PM	FREE	£2.00
CHEERLEADING	3-8YRS	3.45PM-4.45PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS
DODGEBALL	8YRS+	4.45PM-5.15PM	FREE	GUEST PASS

THURSDAY 22ND AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
ACTIVE8US DAY CAMP	4-14YRS	9.00AM-2.30PM	£12.50	£15.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	2.00PM-3.00PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS

FRIDAY 23RD AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
FOOTBALL CAMP	6YRS+	9.45AM-3.15PM	£10.00	£20.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
CREATE A CRAFT	3YRS+	2.00PM-2.30PM	FREE	£2.00
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS

SATURDAY 24TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-1.30PM	£3.50	£6.50
ACTIVITY CAMP	4-14YRS	9.00AM-11.00AM	FREE	GUEST PASS
FAMILY SWIM	ALL	11.00AM-5.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	11.15AM-12.15PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
#GYM	11-15YRS	3.00PM-5.00PM	FREE	GUEST PASS

SUNDAY 25TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-1.30PM	£3.50	£6.50
FAMILY SWIM	ALL	11.00AM-5.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	3.00PM-4.00PM	FREE	GUEST PASS
#GYM	11-15YRS	3.00PM-5.00PM	FREE	GUEST PASS

MONDAY 26TH AUGUST - BANK HOLIDAY

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE - STORY WEEK	4WKS-8YRS	9.00AM-1.30PM	£3.50	£6.50
FAMILY SWIM	ALL	11.15AM-5.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
#GYM	11-15YRS	3.00PM-5.00PM	FREE	GUEST PASS

TUESDAY 27TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
ACTIVE8US DAY CAMP	4-14YRS	9.00AM-2.30PM	£12.50	£15.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	2.00PM-3.00PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS
ZUMBATOMIC	4-11YRS	4.30PM-5.15PM	FREE	GUEST PASS

WEDNESDAY 28TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÊCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
FOOTBALL CAMP	6YRS+	9.45AM-3.15PM	£10.00	£20.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
CHEERLEADING	3-8YRS	3.45PM-4.45PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS
DODGEBALL	8YRS+	4.45PM-5.15PM	FREE	GUEST PASS





THURSDAY 29TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÈCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
ACTIVE8US DAY CAMP	4-14YRS	9.00AM-2.30PM	£12.50	£15.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	2.00PM-3.00PM	FREE	GUEST PASS
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS

FRIDAY 30TH AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÈCHE	4WKS-8YRS	9.00AM-2.30PM	£3.50	£6.50
FOOTBALL CAMP	6YRS+	9.45AM-3.15PM	£10.00	£20.00
FAMILY SWIM	ALL	11.15AM-6.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
CREATE A CRAFT	3YRS+	2.00PM-2.30PM	FREE	£2.00
#GYM	11-15YRS	4.00PM-6.00PM	FREE	GUEST PASS

SATURDAY 31ST AUGUST

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÈCHE	4WKS-8YRS	9.00AM-1.30PM	£3.50	£6.50
ACTIVITY CAMP	4-14YRS	9.00AM-11.00AM	FREE	GUEST PASS
FAMILY SWIM	ALL	11.00AM-5.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	11.15AM-12.15PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
#GYM	11-15YRS	3.00PM-5.00PM	FREE	GUEST PASS

SEPTEMBER

SUNDAY 1ST SEPTEMBER

ACTIVITY	AGES	TIME	COST	
			MEMBER	NON-MEMBER
CRÈCHE	4WKS-8YRS	9.00AM-1.30PM	£3.50	£6.50
KARATE	6YRS+	9.00AM-10.00AM	FREE	GUEST PASS
FAMILY SWIM	ALL	11.00AM-5.00PM	FREE	GUEST PASS
#GYM	11-15YRS	12.00PM-2.00PM	FREE	GUEST PASS
SPLASH SESSION (LARGE FLOATS)	ALL	3.00PM-4.00PM	FREE	GUEST PASS
#GYM	11-15YRS	3.00PM-5.00PM	FREE	GUEST PASS

ACTIVITY DESCRIPTIONS

CRÈCHE

THE CRÈCHE WILL BE WORKING ITS WAY THROUGH VARIOUS THEMES OVER THE 6 WEEKS HOLIDAY, AND ALL ACTIVITIES WILL BE BASED UPON THE THEME OF THE WEEK. CHILDREN ARE WELCOME TO BRING IN ITEMS FROM HOME FOR OUR DISPLAY TABLE AND TO SHOW OTHER CHILDREN. WE CANNOT TAKE RESPONSIBILITY FOR ANY TOYS ETC THAT ARE BROUGHT IN TO THE CRÈCHE.

WATER GAMES

CHILDREN CAN BE LEFT WITH US IN THE CRÈCHE GARDEN FOR A 'SPLASHING' TIME. PLEASE BRING SPARE CLOTHES AS CHILDREN WILL GET WET.

MAKE & TAKE

CHILDREN CAN MAKE AN ITEM BASED ON THE CRÈCHE THEMED WEEKS WHICH THEY CAN TAKE HOME. PAINT AND PENS WILL BE AVAILABLE SO PLEASE DRESS YOUR CHILD IN SOMETHING THAT CAN GET MESSY.

SWIMMING CRASH COURSE

JOIN THE SWIMMING TEACHERS IN THE POOL AND ENJOY 30 MINUTE SESSIONS (MONDAY - FRIDAY) DESIGNED TO IMPROVE YOUR CHILD'S WATER CONFIDENCE AND TECHNIQUE.

SPLASH SESSIONS

OUR LARGE FLOATS WILL BE OUT IN OUR POOL DURING THIS TIME FOR

CHILDREN TO ENJOY WITH PARENTS.

ACTIVE8US DAY CAMP

CHILDREN CAN BE BOOKED IN TO THIS CAMP BY CALLING TINA (THE COACH) ON 07855 471002, CHILDREN WILL BE OUTSIDE FOR THE DURATION OF THE CAMP TAKING PART IN A WIDE VARIETY OF TEAM ACTIVITIES AND GAMES SO PLEASE BRING DRINKS, SNACKS AND A PACKED LUNCH FOR YOUR CHILD TO HAVE. THESE CAMPS RUN COME RAIN OR SHINE SO PLEASE ENSURE YOUR CHILD IS DRESSED ACCORDINGLY AND WEARING SENSIBLE SHOES (SUN CREAM, HATS, WATER PROOFS MAY BE REQUIRED).

FOOTBALL CAMP

A CAMP FOR BUDDING FOOTBALLERS, JOIN BRAINTREE TOWN FC COACHES FOR A FUN SESSION ON THE BACK FIELD, CHILDREN WILL LEARN A VARIETY OF SKILLS AND HAVE SOME FUN. LUNCH IS INCLUDED. BOOK DIRECTLY THROUGH BRAINTREE TOWN WEBSITE WWW.COMMUNITYIRON.CO.UK/ COMMUNITY-IRON

ALL USUAL TIMETABLED CLASSES AS WELL AS THE CRÈCHE CAN BE BOOKED 6 DAYS IN ADVANCE (FOR MEMBERS) AS PER THE CLUB RULES, ALL OTHER ACTIVITIES CAN BE BOOKED NOW, PLEASE CALL IF YOU REQUIRE ANY FURTHER INFORMATION.



PLEASE NOTE:

- WE RESERVE THE RIGHT TO AMEND, CHANGE OR CANCEL ANY OF THE ACTIVITIES WHEN AND IF THE NEED ARISES.
- ALL OUTDOOR ACTIVITIES ARE WEATHER PERMITTING.
- BEFORE PARTICIPATING IN ANY ACTIVITIES, THE PARENT/GUARDIAN MUST COMPLETE A JUNIOR HEALTH CHECK QUESTIONNAIRE. PLEASE ALLOW AT LEAST 5 MINUTES PRIOR TO THE CLASS START TIME TO COMPLETE THIS INFORMATION. NO ACTIVITIES WILL BE PERMITTED WITHOUT A COMPLETED AND SIGNED FORM. PLEASE ENSURE YOUR CHILD HAS ANY MEDICATION THEY MAY REQUIRE WHILST WITH US E.G. ASTHMA INHALERS/EPI-PENS ETC.
- PLEASE ENSURE YOUR CHILD IS WEARING SUITABLE CLOTHING AND FOOTWEAR FOR THE ACTIVITY THAT THEY ARE BOOKED IN FOR, INCLUDING SUN PROTECTION, HATS, TOWELS AND SWIMMING COSTUMES (GOGGLES IF REQUIRED).
- ALL CHILDREN MUST BRING THEIR OWN DRINKS/LUNCH IF THEY ARE PARTAKING IN AN OUTDOOR CLASS.
- IF YOUR CHILD NEEDS TO BRING SNACKS OR LUNCH FOR ANY ACTIVITY, PLEASE ENSURE THAT THESE ARE NUT FREE.
- WITH THE EXCEPTION OF THE CRÈCHE, ACTIVITIES MUST BE PAID FOR WHEN BOOKING. FAILURE TO DO THIS MAY RESULT IN YOUR CHILD LOSING THEIR SPACE IN THE CLASS. BULK BUY OFFERS MAY BE AVAILABLE ON CERTAIN ACTIVITIES - PLEASE CHECK WITH RECEPTION WHEN BOOKING.
- SOME CLASSES MAY HAVE MINIMUM NUMBERS TO RUN, PLEASE ASK WHEN BOOKING.
- NON MEMBERS NO LONGER NEED TO PURCHASE A GUEST PASS AND PAY FOR THE CLASS UNLESS STIPULATED IN THE PAYMENT SECTION OF THE LEAFLET.
- TERMS AND CONDITIONS APPLY.